

5 Fun Facts You Didn't Know About Me



Ellen Naylor

1. I won the first speech contest I ever competed in. It was a high school competition. I was a Freshman, and the won across all the international high schools in the Yokohama/Tokyo metro. I learned humor is a good thing.
2. I was a pre-Olympic swimmer in backstroke and butterfly.
3. I am a professional cake decorator. I took it up to save money when I got married a long time ago.
4. I am a holistic health coach. I have been into healthy eating and living for 25 years.
5. I write music when the spirit moves me. And it moves me quite a bit.

Bonus: My parents met and married in Occupation Japan, and lived there for 25 years. My dad defended Japanese war criminals for WWII. I still have strong ties to the Japanese people.

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